

# Attractions Adventure Guide



### Your ADKTrailMap.com Adventure will be an experience to treasure!

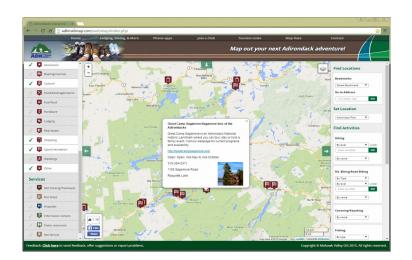
As if the hiking, biking, paddling, and abundance of other outdoor recreation were not enough to lure you to the Adirondacks, the outstanding attractions and cultural institutions are sure to delight those of all ages. From the naturalist to the Olympic enthusiast, there is something for everyone.

To help you make the most out of your Adirondacks experience, we here at ADKTrailMap.com have assembled a guide to help you have a safe and enjoyable journey while out and about in the Adirondack Park. Remember to review this guide each time you pack for your trip to ensure that you don't leave anything behind.



Mountains aren't the only reason your family will love the Adirondacks! *Photo: Enchanted Forest Water Safari, Old Forge, NY* 

The first stop for planning any trip to New York's Adirondack Mountains should be to ADKTrailMap.com. From here you can explore the Adirondacks by browsing the map; finding what attractions are nearby; and exploring an array of outdoor recreation activities.





ADKTrailMap.com is also available on mobile devices with limited features. For full functionality on smartphones, download our **free** 'Adirondack Trails' app from the either the Google Play Store or the Apple App Store.



### Sampling of Attractions and Fun

#### **Olympic Venues**

LAKE PLACID

Having hosted the 1932 and 1980 Winter Olympic Games, Lake Placid is rich with winter sports culture and history. During winter, ice skate on the historic Olympic Ice Skating Rink, which was used for speed skating during both Olympic Games. Or visit the Olympic Jumping Complex year-round either to watch the experts practice on the jumps used during the 1980 Olympic Games or to take in the views of the surrounding Adirondack High Peaks.

### **Enchanted Forest Water Safari**OLD FORGE

Located just steps away from the heart of Old Forge is New York State's largest water theme park. Over 50 rides and attractions, including

#### Adirondack Scenic Railroad

UTICA, OLD FORGE, SARANAC LAKE, and LAKE PLACID



32 water rides.

Enjoy an autumn ride aboard the Adirondack Scenic Railroad. *Photo: Howard Brier/Flickr* 

Nestled in the heart of NY, the Adirondack Scenic railroad begins in Utica and travels north through the Adirondacks through Thendara station (Old Forge) to Big Moose Station or you can ride between Saranac Lake and Lake Placid stations.

### Lake George Steamboat Company LAKE GEORGE

1 to 4½ hour cruises with Captain's narration on one of their three boats. Lunch, brunch, dinner, entertainment and fireworks cruises available. Launched in 1908, the Lake George Steamboat Company is the oldest continuously operated tour boat company in America.



The Lac du Saint Sacrement ship of the Lake George Steamboat Company. *Photo: Mark Goebel/Flickr* 

### Scenic Northwoods Gondola Rides

CENTRAL ADIRONDACKS

Gondola ride offers scenic view of High Peaks & Southern Adirondacks. Enjoy hiking, picnicking and great photo opportunities.

#### Ausable Chasm

**AUSABLE CHASM** 

Descend hundreds of feet to walk on natural stone walkways and enjoy amazing natural scenery and adventure.





### A Selection of Arts and Culture

### Lake Placid Center for the Arts

The Lake Placid Center for the Arts presents arts of the highest caliber in music, dance, theatre, film and visual arts year-round. In addition, the Arts Center provides special arts-in education programs, workshops and residencies for aspiring and renowned artists. The Arts Center is home of the Lake Placid School of Ballet, LPCA Children's Theatre, Community Theatre Players, as well as the summer home of the Lake Placid Sinfonietta.

# Sacandaga Valley Arts Center NORTHVILLE

Art gallery with a variety of 2D and 3D art from the SVAN visual artists. With quarterly rotations, the art displays change with each season. Other performing arts including musical programs.

#### **Pendragon Theatre**

SARANAC LAKE

Pendragon Theatre is an ensemble of artists based in the Adirondacks dedicated to preserving the vitality and enhancing the quality of professional theater through year-round performance and educational programs.

# Seagle Music Colony SCHROON LAKE

Founded in 1915, Seagle Music Colony is the oldest vocal training company in the United States and the premiere opera and and musical theater program in the Adirondacks. Performances generally run June through August.

#### **View Arts Center**

**OLD FORGE** 

The View presents national and regional art exhibitions, performances and workshops for all ages.

#### **Strand Theater**

**OLD FORGE** 

Celebrating its 90-year history, The Strand of Old Forge is much more than a movie house. It is truly a cornerstone of the community.



The historic Strand Theater in Old Forge Photo: Mark Goebel/Flickr





### A Taste of Heritage, History, and Museums

#### Six Nations Indian Museum

onchiota (northern adirondacks)
Storytelling, viewing of 3000-plus artifacts and outdoor displays with an emphasis on the Iroquois Confederacy. Gift shop.

#### **Adirondack Museum**

**BLUE MOUNTAIN LAKE** 

One of the largest museums in upstate New York, the Adirondack Museum is the place for Adirondack visitors to deepen their appreciation for what's special about the region and to explore how people have lived, worked, traveled, and played in the Adirondacks from the 19th century right up until today! Interactive, hands-on activities abound making the stories of the Adirondacks and its people highly engaging for children as well as adults.



The exterior of the Adirondack Museum in Blue Mountain Lake. *Photo: Mwanner/Wikipedia* 

# North Star Underground Railroad Museum AUSABLE CHASM

The museum reveals the hidden history of the Champlain Line of the Underground Railroad. Poignant exhibits portray compelling stories of fugitives from slavery who passed through Northeastern New York and the Champlain Valley on their way to Quebec and Ontario, Canada.

# World Awareness Children's Museum GLENS FALLS

Where children discover the world. A unique, hands-on children's museum featuring art, artifacts and activities from around the world. Outreach programs. Onsite tours for groups.

#### Fort William Henry Museum

**LAKE GEORGE** 

History comes alive! Restored Colonial fortress 1755-1757 French and Indian War era. Located at the strategic south end of Lake George. Guided and self-guided tour; children can join the King's Army. Live firing demonstrations of musket and cannon, musket ball molding demonstration.

#### The Wild Center

**TUPPER LAKE** 

The New York Times called The Wild Center "stunning". Built in the heart of the Adirondack Park, this major new Natural History museum mixes the indoors and outdoors, live and digital, in unusual ways.



The Wild Center in Tupper Lake.





### **Hunting and Other Outdoor Pursuits**



Tourists have trusted Adirondack Guides since the 19<sup>th</sup> century, as depicted in this painting by Albert Bierstadt. Bierstadt was a member of the Hudson River School, a group of artists famous for their depictions of natural landscapes in the Adirondacks and elsewhere.

Although hunting is permitted on essentially all stateowned land in the Adirondacks, knowing where and when to hunt is daunting, even if you have a grasp on the geography of the mountains. Since the mid-1800s, professional sportsmen have guided visitors through the complex landscape of the Adirondack Mountains. Today, these guides are licensed by New York State and have a passion for the outdoors. Guides can also assist you with a variety of outdoor pursuits, such as cross-country skiing and hiking.

Consider hiring an outdoor guide whether you are planning on hunting, hiking, fishing, or exploring the magnificent Adirondack Mountains.

### Skiing

# McCauley Mountain Ski Resort

633 ft drop for skiing, 14 trails. In summer and fall the chair lift offers spectacular views of the area. Chairlift, T-Bars, Rope Tow, Beginner Hill/Cross Country trails, lighted slope for night skiing, food court and lounge.

# Hickory Ski Center

Nestled in the scenic Adirondack Mountains just one hour from Albany is the historic Hickory Ski Center. Founded as "Hickory Hill" in 1945 by veterans of the famed ski troops of the American 10th Mountain Division, Hickory has stood like a sentinel on the banks of the Hudson River for almost 70 years. The spot – at the confluence of the Schroon and Hudson Rivers under the dominating presence of a sheer rock massif – is amongst the most beautiful in the Adirondacks.

#### Whiteface Mountain

WILMINGTON

Ski the greatest vertical drop in the eastern US on the same slopes as the 1980 Winter Olympics. 86 trails stretch over 22 miles.

#### **Gore Mountain**

NORTH CREEK

Located in the southeastern Adirondacks, this skiing destination boasts 107 trails with 15 total lifts. Consider taking the recently revived Gore Mountain Ski Train, operating from Saratoga Springs by the Saratoga & North Creek Railway.



Imagine skiing down the largest vertical drop east of the Rocky Mountains at Whiteface.





### What to bring

To ensure a positive experience, PRIOR to leaving, use our helpful checklist:

DRINKING WATER
» pack extra water to have in your car for when you return
» for wilderness and/or overnight trips, bring water purification tablets or a filter
FOOD / SNACKS
RAIN GEAR
WARM CLOTHING
» temperatures in the Adirondack Mountains are often 20°F+ cooler compared to downstate, even if yo

#### □ MAPS / COMPASS / ADIRONDACK TRAILS PHONE APP

### **Practical Information for the Adirondacks**

- In case of any emergency:
  - know the DEC Forest Ranger Adirondacks Emergency Phone Line:



#### 518-891-0235

- If you have cell service in the Adirondacks, dialing 911 may direct you to a 911
  Dispatcher in a neighboring county or potentially even Vermont. If for any reason a
  911 Dispatcher can not assist you, dial the DEC Forest Ranger Emergency Phone
  Line. DEC Forest Rangers are highly trained emergency responders knowledgeable of
  the geography and subtleties of the Adirondack Mountains.
- Respect and help maintain the Adirondacks.
  - Do not litter alongside the road.
  - When it comes to **anything** you bring with you, remember to "pack-in, pack-out," even if the items are biodegradable
  - If there are no privies available in your location, dispose of human waste by digging a
     6" 8" hole at least 150 feet from water or campsites
  - Follow the *Leave No Trace* principles:
    - 1. Plan Ahead and Prepare
    - 2. Travel and Camp on Durable Surfaces
    - 3. Dispose of Waste Properly

- 4. Leave What You Find
- 5. Minimize Campfire Impacts
- 6. Respect Wildlife
- 7. Be Considerate of Other Visitors (© Leave No Trace Center for Outdoor Ethics)





### Please Do Not Solely Rely on Electronic Technology.

When doing anything out on the trails, we urge you take a map, a compass, and know how to use them. We offer an online interactive map that allows you to zoom in print your own map. We also offer a wealth of downloadable PDFs about hiking, fishing, camping, birding, and more.

For smartphones, our Adirondack Trails app is GPS-enabled. Once downloaded to your smartphone, the app provides a happy marriage of old technology (maps and compasses) and new. It does not require cell phone service. Unlike a paper map, the app will show you exactly where you are: on or off the trail. Both maps and apps have their limitations. Use together, with common sense, and enjoy the beauty of the Adirondacks with confidence.



Find more helpful tips for an enjoyable Adirondacks trip from Balto at ADKTrailMap.com.





ADKTrailMap.com is managed by Mohawk Valley GIS in Utica, NY

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Questions or Comments?

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